



*National Wild Turkey Federation  
Women in the Outdoors Event*

*Saturday July 25, 2015  
Auburn Sportsman's Club  
50 Elm St – Auburn, MA*

*2015 Courses Offered*

**Archery 101:** Learn about the fun sport of archery. You will learn the different parts of a bow and techniques on how to shoot in this hands-on class.

**Explore Bowhunting:** Hands on learning about bowhunting, including preparing for the shot, shot placement and what to do afterwards. You will then get to use your new knowledge to test your shot placement skills on the archery range!"

**Kayaking:** Participants will gain the basic knowledge and skills needed to canoe or kayak. Learn about equipment, preparation and safety. Then off to paddle in our picturesque pond! Remember to wear clothing appropriate for being on the water!

**Fly Fishing 101:** Learn techniques from a professional and practice in our pond!

**Beekeeping:** This class will show you how to maintain a colony of bees throughout the year. Also learn how to use beeswax to make fun crafts.

**Trap-Shooting:** Learn how to wingshoot clay pigeons from our expert instructors. *Additional \$5 class fee*

**Outdoor Photography:** This class covers techniques for capturing nature in your photos. The focus of the class will be composition and picture taking skills. Don't forget to bring your own camera to put your newfound skills to the test.

**Intro to Handguns:** Basic handgun skills will be presented. Learn how to load and unload a handgun safely. You will be instructed on the types of guns and ammunition. Then take your skills to the practice range.

**Rifle Marksmanship:** Learn to shoot rifles and the fundamentals of marksmanship skills. Join us for fun and action on the firing range!

**Woodsmanship:** Want to learn what to look for when you're walking or hunting in the woods? Learn to interpret animal sign and different types of flora. Become a skilled traveler in the woods.

**Tactical Firearms:** Hands on Tactical Firearms Training for self-defense. Suitable for Beginner to Experienced shooters.

**Turkey Hunting: 101:** Learn turkey hunting and calling techniques for the spring & fall seasons. Basic hunting skills, calls and safety will all be part of this fun and informative class.

**Intro to Trapping:** Learn the basics of trapping. Whether it is to address human wildlife conflict issues or to take furbearers during the statewide *trapping* season, you'll learn about the equipment and techniques needed to get started.

**Game Processing:** You've got your game, now what do you do with it? Learn how to process mammals, fish & fowl in this informative hands-on class.

**Basic Self-Defense for Women:** Learn Judo & Jujitsu techniques to fend off an attack. Black Belt instructors will guide you through throws, takedowns, weapons, defensive strikes, escapes and their practical application in keeping you safe.

**Advanced Self-Defense:** Learn more advanced techniques from our Black Belt Instructors. Participants should have taken an introductory self-defense class in the past.

**Falconry:** Learn about the 5000 year old sport of falconry. In this class you will learn about trapping the birds, housing, equipment, training, and exams, all things required to be a falconer.

**Wilderness Survival:** Learn how to be prepared to help yourself and others if the need arises. You will learn the rubrics of survival needs; building effective fire lays and debris shelters, and know what to pack and how to use it! Also learn emergency first aid techniques.

**Advanced Wilderness Survival:** Learn advanced survival techniques. Participants should have taken a basic survival class in the past.

**Dutch Oven Cooking:** Food always tastes better when it's cooked outside. Don't go hungry in the outdoors! This session covers methods, equipment and recipes to make delicious meals & snacks.

**Map & Compass:** Learn how to use a map & compass to find where you're going in the woods.

**Massachusetts License to Carry Certification:** (Counts for 2 classes). This course will teach the basic skills, knowledge and attitude necessary for owning and using a pistol safely. This certificate class will allow you to apply for your Massachusetts Firearms License To Carry.

**Power Tools 101:** Saw, Screw, Grind & Assemble! A survey of power tools from drills to saws. Learn to use an assortment of power tools safely & effectively.

**Treestand Safety:** Learn how to properly set up your treestand. Students will climb treestands with harnesses and learn how to avoid accidents. Proper footwear required.

**Knife/Hawk Throwing:** Learn the skills and techniques necessary to participate in the primitive sport of knife & tomahawk throwing. Our expert instructors will teach you all you need to know to get started in this fun family sport.

**The Notorious, Nefarious, Necessary Nettle:** Nettles are a common native weed that many think are a useless pest to be eradicated. Learn why nettles are a miracle plant, especially for women! We'll encounter them, eat them, and learn about their history in this class, and all students will leave with a nettle-related take home gift!

**Wildcrafting Weedwalk:** Join us for a tour of edible, medicinal, and repellent plants. What is edible or endangered? Which are a poison ivy remedy? How do I harvest responsibly? You'll go home with a full handout of resources to enrich your knowledge as an herbalist and outdoorswoman.

**The Black Bear in Massachusetts:** (Lecture) The talk consists of information on the biology, life history, and behavior of bears. Past and present black bear management in Massachusetts will be discussed in addition to the long-term research projects and management implications.

**Blade Honing:** "Living by the Edge" is a hands on class where you will learn how to sharpen your hunting knives, kitchen knives and broadheads. Quality whetstone usage will be demonstrated by a master honer and bladesmith.

Registration Form  
(please print legibly)

Name\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_

State\_\_\_\_\_ Zip\_\_\_\_\_

Email\_\_\_\_\_

Phone\_\_\_\_\_

Emergency Phone\_\_\_\_\_

Age (if 21 or younger)\_\_\_\_\_

**Course Offerings:** Choose 7 Courses offered below. Please rank in order of preference, with 1-4 being your top choices. 5,6 & 7 will serve as alternates.

COURSE SELECTION:

- |  |  |
|--|--|
| <input type="checkbox"/> Archery 101           | <input type="checkbox"/> Explore Bowhunting          |
| <input type="checkbox"/> Kayak                 | <input type="checkbox"/> Fly-Fishing 101             |
| <input type="checkbox"/> Beekeeping            | <input type="checkbox"/> Trap Shooting               |
| <input type="checkbox"/> Outdoor Photography   | <input type="checkbox"/> Intro to Handguns           |
| <input type="checkbox"/> Rifle Marksmanship    | <input type="checkbox"/> Woodsmanship                |
| <input type="checkbox"/> Tactical Firearms     | <input type="checkbox"/> Turkey Hunting 101          |
| <input type="checkbox"/> Intro to Trapping     | <input type="checkbox"/> Game Processing             |
| <input type="checkbox"/> Basic Self-Defense    | <input type="checkbox"/> Advanced Self-Defense       |
| <input type="checkbox"/> Falconry              | <input type="checkbox"/> Dutch Oven Cooking          |
| <input type="checkbox"/> Wilderness Survival   | <input type="checkbox"/> Advanced Wilderness Surv.   |
| <input type="checkbox"/> Map & Compass         | <input type="checkbox"/> Massachusetts Lic. To Carry |
| <input type="checkbox"/> Power Tools 101       | <input type="checkbox"/> Treestand Safety            |
| <input type="checkbox"/> Knife & Hawk Throwing | <input type="checkbox"/> Nettles                     |
| <input type="checkbox"/> Wildcrafting Weedwalk | <input type="checkbox"/> Black Bear in Mass          |
| <input type="checkbox"/> Blade Honing          |  |

- Registration Fee: \$75 for ages 18 & older / \$45 for ages 13-17**
- Includes tuition, WITO membership and meals
  - If you are a current NWTF member, take \$35 off the tuition fee(Must provide current member number and exp date) If you joined at last year’s event you MUST renew your membership this year.
  - Payment via check or credit card
  - For credit card payment call 774-272-1274
  - NO REFUNDS AFTER July 11, 2015
  - This event is rain or shine – Please Dress appropriately

- Sponsor Reg.: \$300 - Become a sponsor and help fund future events. Your Donation is Tax-Deductible**
- Includes Sponsor Membership, Tuition, Meals
  - Special Sponsor Only Raffle Pack

\_\_\_\_\_ Event Registration (\$75/Adults or \$45 ages 13-17)

\_\_\_\_\_ Sponsor Registration \$300

\_\_\_\_\_ \$5 Class Fee (Trap Shooting)

\_\_\_\_\_ Total

**Mail registrations and payment to:**  
Keith Fritze, Central Mass NWTF  
10A Sampson St., Spencer, MA 01562

INSTRUCTIONS

**Participants will choose 7 of the courses offered above. Please Rank in order of preference. 1-4 will be your first choices. 5-7 will serve as alternates due to space & scheduling. Mail your completed form with payment to the address provided below. You will receive a confirmation letter, agenda and directions via email 1 week prior to the event.**

YOUR PAID REGISTRATION INCLUDES:

- One-year membership to the Women in the Outdoors program (or extension of your current membership).
- One-year Subscription to Turkey Country Magazine
- Use of all equipment, program materials & instruction
- Light breakfast, snacks, drinks & hearty lunch

Agenda

7am – 8am.....Registration, Breakfast, Raffles Open

8am.....Welcome & Meet the instructors

8:30am – 10am.....Class #1

10:20am – 11:50am....Class #2

12pm.....Lunch  
During Lunch: Visit our Vehicle Maintenance Demo

1:30pm – 3pm.....Class #3

3:20pm – 4:50pm.....Class #4

5:30pm.....Auction / Raffle ends, event evaluations & closing remarks

6pm.....Conclusion of event & cash out

Portions of this event are sponsored by the Mass Wildlife “Becoming an Outdoors Woman” program.



**White Elephant Raffle:** Bring in new, used or unwanted outdoor-themed items for our annual white elephant raffle. Donate an item or two and receive a special raffle ticket for each item for “Pick of the Flock.” We will also have various raffles, games and a silent auction. Cash, checks and credit cards are accepted.

*For more information please contact:*  
WITO Coordinator – Kelly Dalbec @ 978-870-4830  
mkdalbec@gmail.com  
  
WITO Coordinator – Jen Ford @ 508-340-9120  
jford9900@gmail.com  
  
NWTF Chapter President – Keith Fritze @ 774-272-1274  
kfritze@charter.net